



Follow Lois Levenhagen's instructions to make "Bluebird Morning" a dimensional quilted wall hanging.



Bluebird Morning #FL06

- * No sew fused applique *
- * Matted and framed *

3D Bluebird Morning Wallhanging

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Additional instructions for 3D effects, free motion quilting, borders, rod pocket and binding.

Additional Materials List and Cutting instructions:

Flowers and Bird additional pieces:

- 6" x 8" light rose
- 3" x 8" dark rose
- 3" x 5" blue for wing
- 2" x 4" lightweight fusible interfacing – fuse to wrong side of bird white fabric

Border fabrics:

- Fat eighth - Tone-on-tone White 1st and 3rd border flanges – cut 8 strips $\frac{3}{4}$ " x 22" – press the strips in half lengthwise with **WRONG SIDES** together. Being so narrow be careful not to stretch and/or bow the strip while pressing in half
- 1 Fat quarter pink – 2nd border – cut 4 strips 1 $\frac{1}{2}$ " x 22"
- $\frac{1}{4}$ yd green batik – 4th border– cut 4 strips 2 $\frac{1}{2}$ " x 22"
Rod pocket – cut (1) 6" x 19" piece
- $\frac{1}{4}$ yd brown batik - 5th border– cut 2 strips 3" x 42"
Binding – cut (3) strips 2 $\frac{1}{4}$ " x 42"
- 1/4 yd Stitch-n-Tear stabilizer
- 5/8 yard backing fabric
- 5/8" yard Pellon fusible batting
- 30 gold seed beads
- 1 black seed bead for bird eye
- 1 yd Wonder Under Fusible Web that you can stitch thru
- 1 spool - Pink Rayon thread for flower details
- 1 spool - Green Rayon thread for leaf details
- 1 spool neutral color regular sewing thread (like Meterosene) for general construction
- 1 spool clear monofilament thread
- Size 60 sewing machine needles to sew beads on
- Size 80 Machine Quilting Needles for general construction of wallhanging
- Basic sewing notions: washout fabric markers, small scissors, stick pins. etc

Follow original “General Instructions and Tips” to trace and fuse appliqué pieces

If you would like to have some of the leaves to fall out over into the borders DO NOT remove the paper backing totally from those pieces. They will be pressed into place after you add the borders.

Follow instructions for Fusing the Landscaping and Tips

Set up machine with Size 80 Quilting needle

Set stitch length to 2.5mm and normal tension

Use neutral color regular sewing thread in needle and bobbin

1. Constructed your basic appliqué picture according to instructions
2. Square it up (see main pattern instructions on how to do this). You are now ready to add the following borders.

ADD BORDERS:

- **1st border flange** – white tone-on-tone strips:
 - a. With **RIGHT SIDES** together align raw edges and stitch strips to left and right sides of picture with **1/8” seams**
 - b. Press flat as sewn - **DON’T** try to flip this flange out. – It should be 3D!
 - c. Square up flange pieces even with picture
 - d. With **RIGHT SIDES** together stitch the other pieces to top and bottom with **1/8” seams**
 - e. Press flat as sewn - **DON’T** try to flip this flange out. – It should be 3D!
 - f. Square up flange pieces even with picture
- **2nd border – pink**
 - a. With **RIGHT SIDES** together align raw edges and stitch strips to left and right sides of picture with ¼” seams
 - b. Press seams toward the border – be careful not to press flange back, it needs to stay flat as sewn for the 3D effect
 - c. Square up borders even with picture
 - d. With **RIGHT SIDES** together align raw edges and stitch remaining pieces to top and bottom with ¼” seams
 - e. Press seams toward the border – be careful of the flange again
 - f. Square up borders even with picture
- **3rd border flange** – tone on tone strips
 - a. Follow same steps as the 1st border
- **4th border – green:**
 - a. Follow same steps as border 2
- **5th border – brown – this is like the picture frame! You could miter the corners also.**
 - a. Follow same steps as border 2

Do a final square up of your picture.

Now you can press in place your leaves that you want to extend in to the borders!

BATTING:

Cut a piece of Pellon fusible fleece 22” x 26”

Center and press to **WRONG SIDE** of bordered appliqué picture

Cutting 3D Pieces:

To make your wing and flowers 3D you will need to trace additional pieces onto Wonder Under Fusible web. Iron these additional pieces on the **wrong side** of coordinating fabrics.

1. Trace 1 wing (I traced a wing from the blue body part). Iron onto blue fabric
2. Trace 1 additional flower pieces #23 and #21, iron onto light pink fabric
3. Trace 3 additional flower pieces # 18 and iron onto light pink fabric
4. Trace 3 additional flower pieces # 19 and iron onto dark pink fabric
5. Trace 1 additional flower pieces # 20 and #22 and iron onto dark pink fabric

6. Fussy cut out all of these pieces
7. Remove fusible web paper
8. Fuse each piece again to the **WRONG side** of same coordinating fabric
9. Fussy cut out each piece again
10. You now have your “2-sided” pieces for the 3D effect!!
11. Set these aside for now

Construction of 3D flowers and beads

- With fabric marker draw in your leaf vines and flower stamens
- Set up machine for free motion and adjust top tension if needed
- Neutral thread in bobbin
- Green Rayon thread in needle
- Free motion the lines you traced on your leaves.
- Change thread to pink and free motion flower stamens
- Change thread to blue and free motion bird wing
- Change needle to size 60
- Change top thread to clear monofilament thread
 - How to stitch beads in place
 - Take several stitches in place to anchor and lock threads
 - With tweezers place one bead in place with hole facing up
 - Carefully “hand turn” needle into bead center to make one stitch
 - Move fabric slightly to the left or right and take another stitch beside the bead. Bead might stand up on its side.
 - Take several stitches in place to lock the stitches
 - Follow previous steps and stitch down several more beads
- Stitch 3 to 5 gold beads in center of each flower # 19
- Stitch gold beads to the ends of flower stamens #23 and #21
- Stitch down 1 black bead for birds eye
- Change back to size 80 quilting needle and pink thread
- With piece #23 and take a very tiny “pinch” vertically in the center
 - Lay #23 on a piece of stitch-n-tear – pin in place
 - Take 3 or 4 small stitch by machine and tack down the “pinch” in place
 - Lay piece #22 in place and free motion along the top edge to anchor it to # 23
 - Remove this unit from stitch-n-tear and place on corresponding piece on framed appliqué picture
 - Stitch in place around the sides and bottom of piece #22 to anchor it down
- Do these same steps with pieces #20 and #21

Quilt Borders and add rod pocket

- Using spray adhesive center and stick backing to framed appliqué picture
- Fill bobbin with regular sewing thread that would match backing fabric color
- Use clear monofilament thread in size 80 quilting needle
- Stitch length 3.5mm to 4.0 mm long
- Stitch “In The Ditch” around all borders.
- Trim batting and backing even with the framed appliqué picture
- Cut rod pocket 6” x 19” – same fabric as backing
 - At both 6”ends turn under ¼” twice and stitch in place
 - Fold in half length wise
 - Place on the **BACK** and align raw edges with top of framed picture
 - Baste in place with ¼” seam

Binding

- Stitch the binding strips together with diagonally seams
- Trim seams to ¼” and press them **OPEN**
- Fold and press binding in half length wise
- Stitch binding to framed picture
- Hand stitch bottom edge of pocket rod in place

FINISHED!!

ENJOY!!